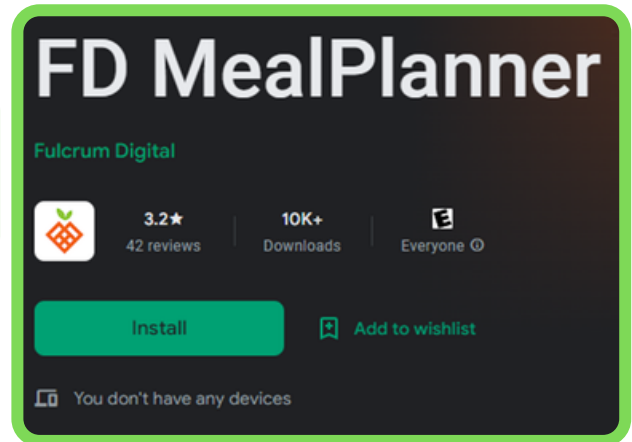
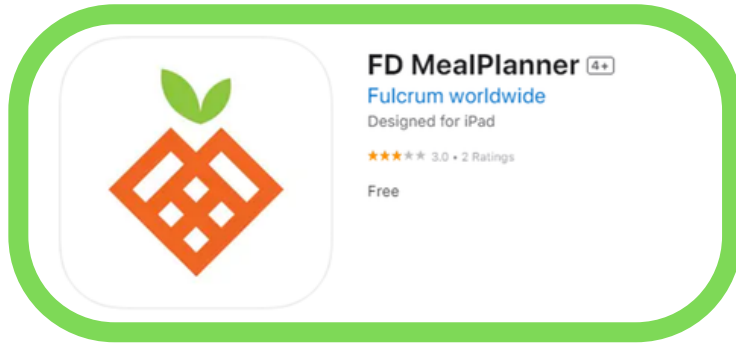


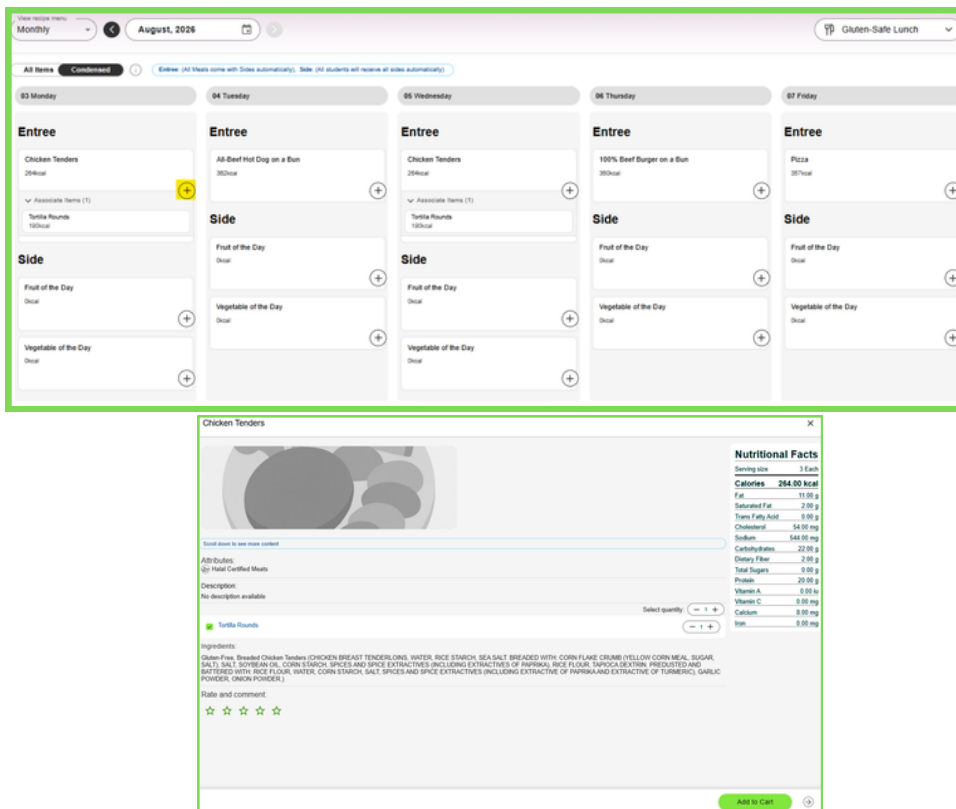
Pre-Order Allergy-Aware Menu Instructions

Pre-order your allergy-aware lunch directly on the FD MealPlanner website or app
<https://www.fdmealplanner.com/#menu/mp/Paramus>

IMPORTANT: In order to pre-order lunch off the allergy-aware menu, a note from a licensed medical doctor or registered dietitian providing medical nutrition therapy to the student needs to be on file in the nurse's office.



- ★ Student with peanut and/or tree nut allergies do not need to pre-order
- ★ Create an Account or Log in
- ★ Multiple children can be added to one account



Helpful Information

- ★ You can pre-order for the entire month.
- ★ Payment method is your child's ID
- ★ Add money to your child's account through PaySchoolsCentral
- ★ **Order deadline-** midnight, 7 days prior to date of service.



For more detailed instructions or food allergy information, [click here.](#)

Or scan here: 