



2022-2023

Paramus MS & HS Schools

HALAL PRE-ORDER MENU

- Monday** Cheeseburger on a Bun
- Tuesday** Cheesesteak Hero w/ Peppers & Onions
- Wednesday** Roasted Chicken Thigh w/ Brown Rice
- Thursday** Grilled Chicken on a Bun
- Friday** All-Beef Soft-Shell Tacos

A Complete Lunch Includes:
 Entrée (with Protein/Grain)
Fruit/Vegetable
 Milk

Cut at this line and keep the above menu portion for your reference.
 Please submit lunch forms promptly. Late submissions may not be properly recorded.

"This institution is an equal opportunity provider."

 Please indicate days you would like to order with an "X" on the order form below *for the month* and return it by 1 week prior in an envelope to your school cafeteria or email to gpavan@paramusschools.org.

Please be sure to put money on your child's account prior to placing orders or send cash or check written out to *Paramus Board of Ed*.

It is important to go over the menu with your child. If your student is going to be absent on a day that lunch was ordered, please call the Food Service Director at 201-261-7800 x3118 between 8:00 & 8:30 a.m. the morning the student is to be absent.

Meals are \$4.00 for paid students.

MONTH:	MON	TUE	WED	THU	FRI
Week of:					
Week of:					
Week of:					
Week of:					
Week of:					

STUDENT'S NAME _____

GRADE/TEACHER _____

SCHOOL _____

PARENT/GUARDIAN PHONE # _____

PARENT/GUARDIAN E-MAIL _____

NUMBER OF MEALS SELECTED _____

NOTE TO FREE LUNCH RECIPIENTS: If you plan to participate in the lunch program, you **must** fill out and return this form.